



## AS U.S. VEHICLE TRAVEL REBOUNDS TO NEAR PRE-PANDEMIC LEVELS, 15 STATES HAVE EXCEED PRE-COVID LEVELS; NEW REPORT EXAMINES COVID-19 IMPACT AND CURRENT TRENDS IN VEHICLE TRAVEL, COMMUTING, DAILY TRIPS, E-CTOMMERCE, CONGESTION AND FUTURE TRAVEL TRENDS.

Posted on [May 26, 2021](#) by [Greg](#)



**Full report, appendix and video interview with report author [available at this link](#).**

As the summer travel season begins and the U.S. continues to emerge from the COVID-19 pandemic, vehicle travel has returned to near pre-pandemic levels and has surpassed pre-COVID levels in 15 states, according to a new report released today by [TRIP](#), a Washington, DC based national transportation research nonprofit.

The TRIP report, [“Transportation Impact and Implications of COVID-19,”](#) finds that, while U.S. vehicle miles of travel (VMT) bottomed out in April 2020 at a level 40 percent below that in April 2019, by March 2021, VMT had rebounded to just three percent below March 2019 levels (the most recent March not impacted by the COVID-19 pandemic). In fact, by March 2021, vehicle travel in 15 states had surpassed VMT rates in March 2019. The chart below shows the 15 states with the highest rate of growth in VMT between March 2019 and March 2021. The report’s appendix includes vehicle travel data for each state for March 2019, April 2020 and March 2021.

States Exceeding Pre-Pandemic Vehicle Travel - March 2019 to March 2021					
1	Montana	13.3%	9	Utah	3.2%
2	South Dakota	12.7%	10	Tennessee	2.6%
3	Idaho	11.7%	11	Wyoming	1.9%
4	Arizona	9.6%	12	Texas	1.3%
5	Nebraska	7.8%	13	Alaska	0.7%
6	Oklahoma	5.0%	14	Kentucky	0.7%
7	Missouri	4.9%	15	Iowa	0.2%
8	Arkansas	4.3%	U.S. Average: - 3%		

The COVID-19 pandemic also altered weekday traffic congestion patterns. While vehicle travel and congestion were drastically reduced in the early stages of the pandemic, by early Spring 2021, evening rush hours had largely returned to pre-pandemic levels, while morning rush hours continue to be reduced and mid-day traffic volumes remain higher than before the pandemic. An April 2021 [report from INRIX](#) found that evening rush hours in 45 of the nation’s 100 largest metro areas have returned to pre-pandemic levels, while morning rush hour traffic levels have returned to only five of the 100 largest metro areas.

Estimates by the U.S. Bureau of Transportation Statistics (BTS) show that the share of Americans who report staying home and avoiding any trips has also returned nearly to pre-pandemic levels – from 21 percent in April 2019 to a peak of 29 percent in April 2020 and back to 22 percent in March 2021. BTS also has found that the total number of daily trips, defined as a trip that included at least one destination that resulted in a stop of at least 10 minutes, declined by 38 percent between April 2019 and April 2020. But by March 2021 the total number of daily trips had rebounded to only 12 percent below that in April 2019. The appendix of the TRIP report includes state-by-state data for the share of population staying home and average daily trips for April 2019, April 2020 and March 2021.

The use of e-commerce, largely for home deliveries, has continued to increase during the pandemic. During the last quarter of 2019, e-commerce’s share of U.S. retail sales was 13 percent. E-commerce’s share of U.S. retail sales increased to 15 percent by the second quarter of 2020 and reached 16 percent by the fourth quarter of 2020, double the eight percent share in 2015.

Both employers and employees have largely found remote working to be positive and are likely to support a significant share of work post-pandemic continuing to be from home, further impacting travel trends and migration trends. In 2018, five

percent of U.S. workers were working from home. By September 2020, workers in 58 percent of U.S. households that had at least one employed member reported that they had substituted some or all of their in-person work for tele-work, a share that increased to 62 percent in March 2021. In addition to altering commuting patterns, the likelihood that remote work will continue to untether a significant share of workers is also anticipated to result in a significant migration of Americans who, given greater geographic freedom, will tend to move from areas with higher density and housing costs to areas with lower density and housing costs.

The TRIP report finds that transportation policy post-pandemic will need to be flexible to reflect emerging trends. Post-pandemic factors that are likely to impact U.S. travel patterns include reductions in commuting, business travel, and in-person meetings; increased use of e-commerce and tele-medicine; and, evolving preferences for travel modes due to relative changes in the competitive attributes of travel options, such as increased auto use due to increased highway reliability or additional parking availability.

“While future transportation trends in a post-COVID-19 world will likely take several years to fully emerge, we already see that vehicle travel is almost back to pre-pandemic levels – it is already higher in 15 states,” said Dave Kearby, TRIP’s executive director. “Meeting the nation’s post-COVID-19 mobility needs will require that increased federal and state transportation funding provide state and local governments the flexibility to determine how best to improve their transportation system.”

## TRANSPORTATION IMPACT AND IMPLICATIONS of COVID-19 As The Summer Season Begins in the U.S.

MAY 2021

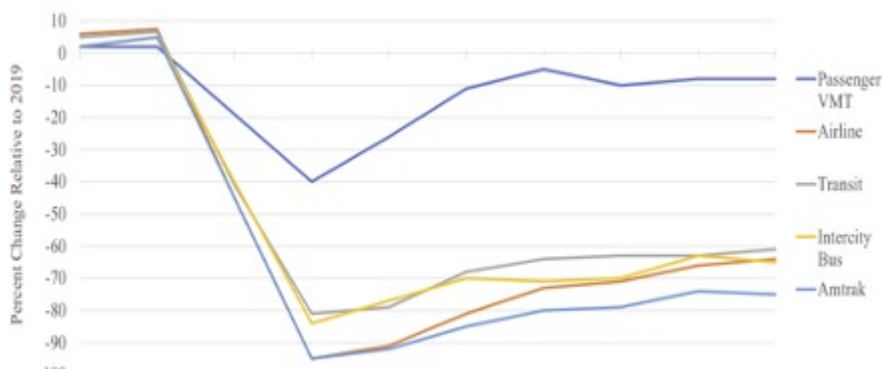


Starting with initial lockdowns in March 2020, the COVID-19 pandemic has had a profound impact on the U.S. transportation system, including changes in personal and commercial mobility. These changes in transportation patterns – both during the initial response to COVID-19 and during the subsequent year of efforts to minimize the spread of COVID-19 while restoring some aspects of daily life – will likely have significant implications for the nature of the country’s future mobility needs and the best ways to meet those needs. While the future transportation patterns and needs of a post-COVID-19 environment will take several years to fully emerge, a review of the initial impact of COVID-19 on the nation’s mobility patterns is helpful in gaining insights to the future of U.S. transportation and in determining appropriate future transportation policies.

### INITIAL IMPACT OF COVID-19

Starting in March 2020 the transportation impact of COVID-19 lockdowns was significant, as most activity was largely curtailed in an effort to slow the spread of the virus. Vehicle travel in the U.S. by April 2020 was 40 percent lower than in April 2019, but by October 2020 had rebounded to nine percent lower than October 2019. The decrease of travel by airline or public transit decreased far more significantly following the start of the pandemic, due to a significant decrease in activity as a result of stay-at-home orders and an aversion by the public to shared transportation modes that increased the risk of exposure to the COVID-19 virus.<sup>[1]</sup>

Chart 1. U.S. Travel Trends by Mode January 2020 to October 2020



Source: U.S. Department of Transportation

The COVID-19 pandemic resulted in a significant increase in the share of Americans who reported staying at home, and an initial significant decrease in the average number of daily trips taken by Americans and the average miles of vehicle travel. But, significant signs of recovery were evident by early Spring 2021.

Data provided by the Bureau of Transportation Statistics (BTS) indicates that the share of Americans who said they were staying home and avoiding any trips increased from 21 percent in April 2019 to a peak of 29 percent in April 2020. By March 2021 (the latest month for

which data is available) the share of Americans who said they were staying home and avoiding trips had decreased to 22

percent.<sup>[iii]</sup> The report's appendix includes state-by-state data for the share of the U.S. population staying home for April 2019, April 2020 and March 2021.

As a result of the increase in the share of Americans staying home or working from home due to the COVID-19 pandemic, the use of e-commerce, largely for home deliveries, has continued to increase during the pandemic. During the last quarter of 2019, e-commerce's share of U.S. retail sales was 13 percent. E-commerce's share of U.S. retail sales increased to 15 percent by the second quarter of 2020 and reached 16 percent by the fourth quarter of 2020, double the eight percent share in 2015.<sup>[iiii]</sup>

**Chart 2. E-commerce share of U.S. retail sales in last quarter 2019, second quarter 2020 and fourth quarter 2020.**



Source: U.S. Census Bureau.

Estimates by BTS also indicate that the total number of daily trips, defined as a trip that included at least one-destination that resulted in a stop of at least 10 minutes, declined by 38 percent between April 2019 and April 2020.<sup>[iv]</sup> By March 2021, the total number of daily trips had rebounded to only 12 percent below the number of daily trips taken in April 2019. State-by-state estimates for average daily trips taken in April 2019, April 2020 and March 2021 are provided in the appendix.

Vehicle miles of travel (VMT) bottomed out in April 2020 at a level 40 percent below April 2019 as a result of the various restrictions implemented due to COVID-19 and the resulting reduction in commercial and personal travel.<sup>[v]</sup> By March 2021, vehicle travel in the U.S. had returned to just three percent below the level of travel in March 2019 (the most recent March not impacted by the COVID-19 pandemic).<sup>[vi]</sup> And in March 2021, vehicle travel in 15

states had surpassed VMT rates in March 2019. The following chart indicates the states with the highest rate of vehicle travel growth between March 2019 and March 2021.

**Chart 3. States with Largest Increase in Vehicle Miles of Travel March 2019 to March 2021**

1	Montana	13.3%	9	Utah	3.2%
2	South Dakota	12.7%	10	Tennessee	2.6%
3	Idaho	11.7%	11	Wyoming	1.9%
4	Arizona	9.6%	12	Texas	1.3%
5	Nebraska	7.8%	13	Alaska	0.7%
6	Oklahoma	5.0%	14	Kentucky	0.7%
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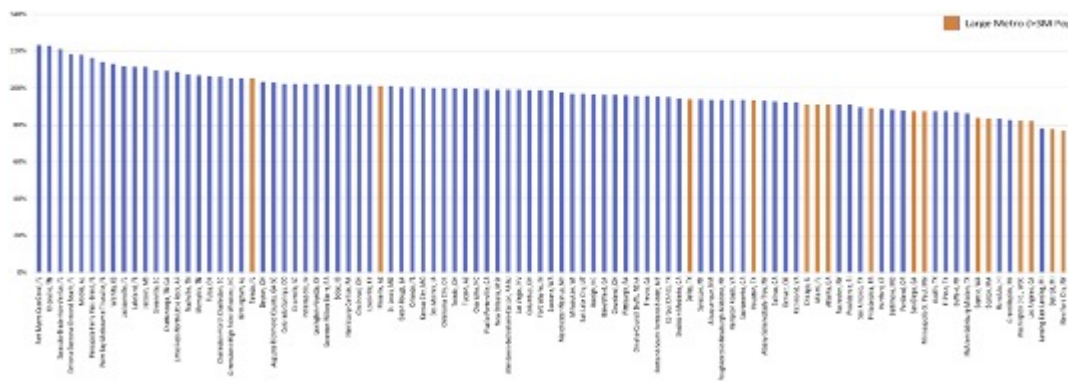
Source: Federal Highway Administration

State-by-state estimates for vehicle miles of travel in average daily trips taken in March 2019, March 2020, April 2020 and March 2021 are provided in the appendix.

**COVID-19 IMPACT ON TRAFFIC CONGESTION**

Analysis by the transportation firm INRIX indicates that, as a result of the COVID-19 pandemic, weekday traffic congestion patterns have been flattened. By early Spring 2021, evening rush hours had largely returned to pre-pandemic levels, while morning rush hours continue to be reduced from pre-pandemic levels and traffic volumes during mid-day remain higher than before the pandemic. In April 2021, INRIX reported that 45 out of 100 large U.S. metro areas had reached or exceeded the pre-COVID-19 level of trips during the evening rush hour period.<sup>[viii]</sup>

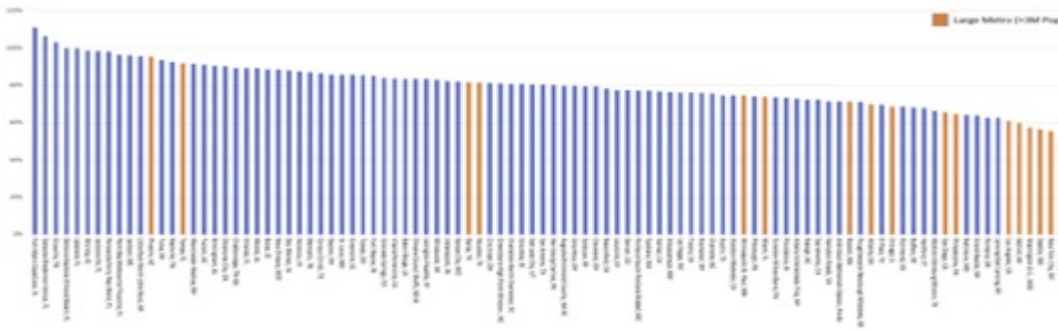
**Chart 4. U.S. Weekday PM Peak Trips Percent of Pre-COVID-19 by Metro Area (2021).**



Source: INRIX

While evening rush hours have returned to pre-COVID levels in nearly half of the nation's largest urban areas, morning rush hour traffic levels have returned to pre-COVID levels in just five out of 100 large U.S. metro areas.

**Chart 5. U.S. Weekday AM Peak Trips Percent of Pre-COVID by Metro Area (2021)**



Source: INRIX

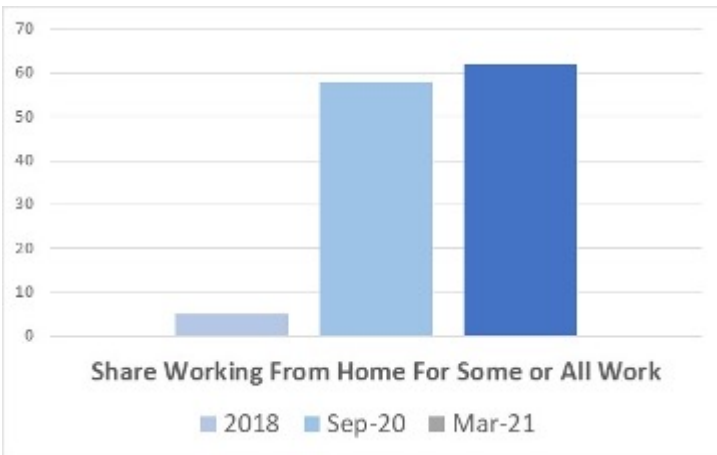
metropolitan areas, just as it has the last eight months, and most gains will likely be focused on downtowns, as suburbs and rural areas are already approaching (or have approached) their pre-COVID level of travel,” wrote INRIX’s Bob Pishue.<sup>[ix]</sup>

**POST COVID-19 FACTORS LIKELY TO IMPACT TRAVEL DEMAND**

Steve Polzin, who recently served as a senior advisor at the U.S. Department of Transportation and previously as the director of Mobility Policy Research at the University of South Florida, wrote in an April 2021 [article](#) for the [Institute of Transportation Engineers](#) that transportation policy post-pandemic will need to be flexible to reflect emerging post-COVID-19 transportation trends. Polzin anticipates that post-pandemic factors that are likely to impact U.S. travel patterns include reductions in commuting, business travel, and in-person meetings; increased use of e-commerce and tele-medicine; and evolving preferences for travel modes due to relative changes in the competitive attributes of travel options, such as increased auto use due to reduced congestion or additional parking availability.<sup>[xi]</sup>

In 2018, five percent of U.S. workers were working from home.<sup>[xii]</sup> By September 2020, workers in 58 percent of U.S. households that had at least one employed member reported that they had substituted some or all of their in-person work for tele-work, a share that increased to 62 percent in March 2021.<sup>[xiii]</sup>

**Chart 6. Share of U.S. Employees Working from Home (2018), Share of Households with at least One Employed Member That Had Substituted Some or All in-person Work for Tele-Work (September 2020, March 2021).**



Source: U.S. Census Bureau.

Both employers and employees have largely found remote working to be positive and are likely to support a significant share of work post-pandemic continuing to be from home. A March 2021 [survey](#) by PricewaterhouseCoopers found that 83 percent of employers and 71 percent of employees found remote work had been a success.<sup>[xiii]</sup> Moving forward, 68 percent of employers said that they think having employees in the office three days a week is needed to maintain a strong culture, while 54 percent of employees said they wanted to continue to work from home post-COVID-19.<sup>[xiv]</sup>

The likelihood that remote work will continue to untether a significant share of workers is also anticipated to result in a significant migration of Americans who, given greater geographic freedom, will tend to move from areas with higher density and housing costs to areas with lower density and housing costs.

Based on a [survey](#) of approximately 20,000 Americans conducted by Upwork in late 2020, the employment firm estimates that approximately 14 to 23 million Americans have moved recently or are planning to due to the flexibility provided by remote work.<sup>[xv]</sup> The survey found that more than half of the people (52.5 percent) have or are planning to move to a home that is significantly cheaper, and that those who have moved or are planning to move are twice as likely to move somewhere that is less dense and has lower housing costs. The survey also found that the people most likely to move due to the flexibility provided by remote working are people living in major cities or in suburbs surrounding major cities.<sup>[xvi]</sup>

INRIX anticipates that the ability of transit to recover its pre-pandemic ridership level will likely be reliant on the pace of recovery of downtown districts as employment, entertainment and residential hubs. “Ultimately, it’s likely that transit ridership, along with VMT ‘recovery,’ will hinge upon what happens to ‘downtowns’ and job centers. While working from home

INRIX, which has monitored mobility in the U.S. throughout the pandemic, [noted](#) in March 2021 that travel in downtown areas has declined the most during COVID-19 and will likely be the slowest to recover.<sup>[viii]</sup> Travel in suburban and rural areas has largely recovered.

“We expect VMT to continue its gradual return in most major

was already accelerating pre-pandemic, it got an adrenaline boost and appears to be a more permanent commute option for many. This has likely led to massive reductions in transit ridership, which appears to be tied to downtown's recovery, perhaps more so than concern over COVID-19," notes INRIX's Bob Pishue.<sup>[xviii]</sup>

With the future dimensions of transportation in a post-COVID-19 world likely to take several years to emerge, deciding on which transportation investments will prove most effective in supporting quality of life and economic growth will require ongoing analysis of travel, employment, economic, lifestyle, health and demographic trends.

Emil Frankel, who has served as assistant for transportation policy at the U.S. Department of Transportation and Commissioner of the Connecticut Department of Transportation, wrote recently that transportation policy post-COVID-19 will need to be flexible to reflect emerging post-COVID-19 transportation patterns. "We cannot be certain of the nature of the transportation demands and facilities that will be necessary to enable and support those economic and social changes, and the altered urban growth patterns that are likely to emerge. However, innovation and flexibility will have to be essential characteristics of transportation planners, engineers, and executives, as the nation emerges from its public health and economic crises," Frankel noted in an [article](#) for the [Eno Center for Transportation](#).

***Full report, appendix and video interview with report author [available at this link](#).***

**END NOTES** available at TRIP <https://tripnet.org>