



TRIP report outlines cost of driving in NYC suburbs

You're losing money every time you get behind the wheel.

[Rich Barrabi](#) | February 3, 2026

The National Transportation Research Nonprofit recently conducted a study on the impacts of road conditions on your bottom line. The report finds that drivers in the New York City metro region, including Nassau and Suffolk counties, lose \$3,755 annually because of higher vehicle operating costs, traffic crashes and congestion-related delays.

Analysts say all these road-related issues are costing drivers in more ways than one.

"The average commuter is spending an additional 99 hours annually stuck in traffic due to traffic congestion and wasting 31 gallons of fuel," TRIP Director of Policy and Research Rocky Moretti said.

Jason Jerome, the co-owner and shop manager of Plainview Auto Care, said preventative maintenance can go a long way to keeping down costs associated with the region's challenges on the roads.